**SHAC Meeting Minutes**

**10/21/19**

* Welcome from Mrs. Lee
* In attendance: C. Bearden, C. Brenner, P. Ludwick. C. Ludwick, J. Olivo, S. Gast, B. Jones, E. Martin, K. Hill, M. Wharton
* Group Norms were reviewed
* Mission of SHAC reviewed
  + The students of MISD will be educated and encouraged in good nutrition, exercise and the importance of making healthy lifestyle choices. Faculty, parents, and council members, community members and outside organizations will work together to help each student obtain and maintain their optimal mental and physical health.
* Group member introductions held, members discussed what talents they bring to the group.
* SHAC Goal reviewed
  + It is the community’s shared commitment, through the School Health Advisory Council, that will provide the district’s children the opportunity to succeed as healthy, responsible, and productive citizens.
* MISD Healthy Lifestyle Initiative was discussed and how we serve the whole child in MISD to insure they are healthy physically, mentally socially and emotionally.
* By-Laws for the SHAC were reviewed and no changes were needed. Group was unanimous in that the bylaws as adopted were sufficient. We discussed how the group can make changes in the future if needed
* Selection of Chairperson and Committee Secretary
  + Chairperson Co-Chair: Chad Ludwick volunteered to serve and was approved unanimously
  + Secretary: Brandi Jones volunteered to serve and was selected was approved unanimously
* MISD Public Health Brochure was reviewed and everyone was asked to forward any contributions or updates to Mr. Bearden for continuous improvement when new resources are found or old ones deleted when they are no longer in service to the community.
* Meeting times were agreed upon for 5:30 - 7 pm and future meeting dates were approved for December 2, 2019, March 2, 2020, and April 27, 2020. More meeting can be scheduled if necessary.
* On the agenda for December 20, 2019 will be changes and expectations for SHAC compliments of the 2019 Texas Legislative session.
* Meeting adjourned at 6:36 PM